

ADHD negatively affects people throughout their lives and the impact varies at different life stages

Children

ADHD affects about 1 in 20 children and adolescents across Europe.¹



The link between ADHD and performance at school is evident in very young children.²



In families with children with ADHD relationships may be severely strained and in some cases break down.^{3,4}



Adolescents

By adolescence, the association between ADHD and impaired school performance is clear and significant.²



ADHD symptoms have been linked to poor exam results and school drop-outs.²



Adolescents with ADHD may experience greater peer rejection, fewer close friendships and are more likely to be bullied than their peers.⁵



Adults

Approximately 50% of children and adolescents with ADHD may continue to have ADHD as adults.⁶



1 in 5 adults with ADHD find they get into arguments or fights easily, and many avoid social events due to embarrassment of their behaviour.⁷



Adults with ADHD can experience financial strain, more health problems and a lower educational and job status.⁸



Adults with ADHD find that difficulties in school had an important impact on their lives and that more effective management of ADHD may have allowed them to achieve greater academic and occupational success.⁸



References

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